



Cadette/Senior Girl Scout Interest Project Record Sheet

Instructions

1. For each Interest Project do 2 Skill Builders activities, 1 Technology activity, 1 Service Project activity and 1 Career Exploration activity and 2 other activities from any category you choose. (Total of 7 activities.)
2. Circle completed requirements.

Girl's Name _____

| Interest Project: <i>Life Skills</i> | Skill Builders | Technology | Service Project | Career Exploration | Date Completed | Date Awarded |
|---|-----------------------|-------------------|------------------------|---------------------------|-----------------------|---------------------|
| American Patriotism | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Car Sense | 1 2 3 4 5 6 7 | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 | | |
| Child Care | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| Conflict Resolution | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Cookies and Dough | 1 2 3 4 5 6 7 8 | 1 2 3 4 5 | 1 2 3 4 5 6 | 1 2 3 4 | | |
| Dollars and Sense | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Family Living | 1 2 3 4 5 6 7 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| From Fitness to Fashion | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| From Stress to Success | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Generations Hand in Hand | 1 2 3 4 5 6 7 8 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Home Improvements | 1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | | |
| Law and Order | 1 2 3 4 5 6 7 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Leadership | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Travel | 1 2 3 4 5 6 7 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Understanding Yourself and Others | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 | | |
| Your Best Defense | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | | |
| Your Own Business | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 | | |

| Interest Project: <i>Nature Science and Health</i> | Skill Builders | Technology | Service Project | Career Exploration | Date Completed | Date Awarded |
|--|-----------------------|-------------------|------------------------|---------------------------|-----------------------|---------------------|
| All About Birds | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Build a Better Future | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | | |
| Creative Cooking | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 5 6 | 1 2 3 4 5 | | |
| Digging Through the Past | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 | | |
| Eco-Action | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| The Food Connection | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| From Shore to Sea | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 | | |
| Inventions and Inquiry | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | | |
| It's About Time | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 | | |
| Math, Maps and More | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Pets | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 6 | 1 2 3 4 5 | | |
| Planet Power | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Plant Life | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Space Exploration | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| Why in the World | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| Wildlife | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 | | |
| Women's Health | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| | | | | | | |

| Interest Project: <i>Communications</i> | Skill Builders | Technology | Service Project | Career Exploration | Date Completed | Date Awarded |
|---|-----------------------|-------------------|------------------------|---------------------------|-----------------------|---------------------|
| Computers in Everyday Life | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Desktop Publishing | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Do You Get the Message | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 | | |
| Exploring the Net | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 | | |
| From A to V: Audiovisual Production | 1 2 3 4 5 | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Graphic Communications | 1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| The Lure of Language | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 | | |

| Interest Project: <i>Communications – continued</i> | Skill Builders | Technology | Service Project | Career Exploration | Date Completed | Date Awarded |
|--|-----------------------|-------------------|------------------------|---------------------------|-----------------------|---------------------|
| Media Savvy | 1 2 3 4 5 | 1 2 3 | 1 2 3 4 5 6 | 1 2 3 4 | | |
| Once Upon a Story | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 | | |
| Public Relations | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Reading | 1 2 3 4 5 6 7 | 1 2 3 4 5 6 | 1 2 3 4 5 6 7 8 | 1 2 3 4 5 | | |
| A World of Understanding | 1 2 3 4 5 6 7 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Writing for Real | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |

| Interest Project: <i>The Arts and History</i> | Skill Builders | Technology | Service Project | Career Exploration | Date Completed | Date Awarded |
|--|-----------------------|-------------------|------------------------|---------------------------|-----------------------|---------------------|
| Architecture and Environmental Design | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | | |
| Artistic Crafts | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Collecting | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 | | |
| Fashion Design | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 | | |
| Folk Arts | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Heritage Hunt | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 | | |
| Invitation to the Dance | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Just Jewelry | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Museum Discovery | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 | | |
| On a High Note | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 6 | | |
| Paper Works | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| The Performing Arts | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| Photography | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 6 7 | | |
| The Play's the Thing | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Textile Arts | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Visual Arts | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 5 6 | | |
| Women Through Time | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 5 | | |

| Interest Project: Sports and Recreation | Skill Builders | Technology | Service Project | Career Exploration | Date Completed | Date Awarded |
|--|-----------------------|-------------------|------------------------|-------------------------------|---------------------------|-------------------------|
| Backpacking | 1 2 3 4 5 | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | | |
| Camping | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Emergency Preparedness | 1 2 3 4 5 | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 | | |
| Games for Life | 1 2 3 4 5 6 7 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 | | |
| High Adventure | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| Horse Sense | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 6 | | |
| On the Court | 1 2 3 4 5 6 | 1 2 3 4 | 1 2 3 4 5 6 | 1 2 3 4 5 6 | | |
| On the Playing Field | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | | |
| Orienteering | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | | |
| Outdoor Survival | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 | | |
| Paddle, Pole and Roll | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | | |
| Rolling Along | 1 2 3 4 5 6 7 | 1 2 3 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Smooth Sailing | 1 2 3 4 5 | 1 2 3 4 | 1 2 3 4 5 | 1 2 3 4 | | |
| Sports for Life | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | 1 2 3 4 5 | | |
| Water Sports | 1 2 3 4 5 6 | 1 2 3 4 5 | 1 2 3 4 5 6 | 1 2 3 4 5 | | |

Mailing Address: P. O. Box 240246, Memphis, TN 38124-0246 ♦ Phone: (901) 767-1440 or 800-727-8104
Fax: (901) 797-2183 ♦ E-mail: info@gsmid-south.org ♦ www.gsmid-south.org

Updated 06/04

S:\Forms-Council\Interest Project Record Sheet.doc